



**BEGLEITET  
INS LEBEN**

**SUPPORT FOR EXPECTANT  
PARENTS AND FAMILIES**

by family midwives and family health and  
pediatric nurses in the district of Constance





**ADVICE**

**ACCOMPANIMENT**

**SUPPORT**

## WHAT IS OUR SERVICE?

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A family midwife or family health and pediatric nurse can provide you with support during pregnancy or after the birth of your child and accompany you during the first years of your child's life (0 to 3 years). In addition to medical care, she will help you to find solutions and ways of living with your child.

## WHO CAN TAKE ADVANTAGE OF THE SERVICE?

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The service is confidential and free of charge for you. Pregnant women or parents with children aged 0 to 3 in the district of Constance who

- are worried about the future with their child
- feel insecure and overwhelmed by the new situation
- are worried about their financial situation
- are very young mother or father
- are caring for a premature baby
- have a family member with an illness or disability
- are raising their child all alone

## WOULD YOU LIKE SUPPORT?

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The pregnancy advice centers (see overleaf) will provide you with information about the support available from a family Accompaniment midwife or family health and paediatric nurse.

Get information online in  
German, Français, Arabic عربي



# COUNSELING CENTERS FOR PREGNANT WOMEN, COUPLES AND FAMILIES



## Diakonisches Werk

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Phone: +49 7733 9289 976

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## Diakonisches Werk

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## Diakonisches Werk

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## pro familia Singen

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E-Mail: [singen@profamilia.de](mailto:singen@profamilia.de)



## Sozialdienst katholischer Frauen Konstanz e.V.

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Phone: +49 7732 5 76 15

E-Mail: [info@skf-konstanz.de](mailto:info@skf-konstanz.de)



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## CONTACT:

District Office of Constance

Office for Children, Youth and Family | Early Help Service

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